## wild Nation **VEGE BITES**

Using only the best locally grown vegetables, Wild Nation have combined the best of local kiwi cuisine with innovative global flavours to create these delicious new Vege Bites!

# Jalapeno & Plant-based Mozzasella

A fresh take on a classic bar favorite. Not too spicy, just the right amount of heat to compliment the mozzarella cheese.

INGREDIENTS: Chickpeas, Mozzarella Style Cheese Alternative, Jalapeno Peppers, Potato, Breadcrumbs, Onion, Canola Oil, Water, Sunflower Seed Paste, Wheat Flour, Contains Less Than 2% of Salt, Wheat Starch, Corn Starch, Tapioca Starch, Wheat Gluten, Citrus Fiber, Natural Flavor, Onion Powder, Black Pepper, Vegetable Stock Powder, Garlic Powder, Oregano.

### **Nutrition Facts** 11 servings per package Serving size 4 Pieces (92g)

210 **Calories** Total Fat 10g Saturated Fat 3g 13% Trans Fat 3g Sodium 600mg 26% Total Carbohydrate 21g 8% Dietary Fiber 4g Total Sugars 3g Includes 0g Added Sugars 0%

Protein 6g 12%





PACK SIZE:

3 x 2.2 lb bags per carton Approx 43 units per 2.2lb

**COOKING GUIDELINES:** 

## Ranch Cauliflower & Plant-based Mozzarella

Cauliflower delicately blended with creamy ranch flavors, finished with a crunchy crumb coating.

INGREDIENTS: Chickpeas, Mozzarella Style Cheese Alternative, Pickled Cauliflower, Sweetcorn, Potato, Breadcrumbs, Canola Oil, Onion, Water, Sunflower Seed Paste, Wheat Flour, Contains Less Than 2% of Salt, Wheat Gluten, Wheat Starch, Corn Starch, Tapioca Starch, Citrus Fiber, Natural Flavor, Onion Powder, Black Pepper, Vegetable Stock Powder, Garlic Powder, Oregano, Thyme.

### **Nutrition Facts**

11 servings per package
Serving size 4 Pieces (92g)

190 Calories Daily Value Total Fat 9g Saturated Fat 2.5g 13% Trans Fat 0g 23% Sodium 540ma Total Carbohydrate 20g Dietary Fiber 4g

Total Sugars 3g Includes 0g Added Sugars 0% 10% Protein 5g

## Sweetcorn & Plant-based Mozzarella

A velvety mix of juicy sweetcorn and rich plant-based mozzarella,

Onion, Canola Oil, Water, Sunflower Seed Paste, Wheat Flour, Contains Less Than 2% of Salt, Wheat Starch, Corn Starch, Tapioca Starch, Wheat Gluten, Citrus Fiber, Natural Flavor, Onion Powder, Black Pepper, Garlic Powder, Vegetable Stock Powder, Oregano,

enveloped in a crispy crust. INGREDIENTS: Chickpeas, Sweetcorn, Mozzarella Style Cheese Alternative, Potato, Breadcrumbs,

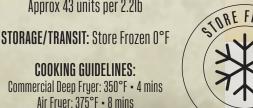
#### **Nutrition Facts** 11 servings per package

Serving size 4 Pieces (92g)

Amount per serving 200 **Calories** 

Total Fat 10g 13% Saturated Fat 3g 15% Trans Fat 0g 27% Sodium 610mg Total Carbohydrate 20g 7% 11% Dietary Fiber 3g Total Sugars 3g 0% Protein 5a

Not a significant source of cholesterol, vitamin D, calcium, iron, and potassium



Air Fruer: 375°F • 8 mins Convection Oven: 375°F • 16 mins

AN HONEST FUSION OF THE BEST OF LOCAL CUISINE WITH INNOVATIVE GLOBAL FLAVORS!

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Wild Nation

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## Smoked Chipotle Sweet Potato

New Zealand sweet potato meets the heat of chipotle pepper. These delightful bites deliver a base of sweet potato boosted by a delicious spicy kick of chipotle.

**INGREDIENTS**: Chickpeas, sweet potato, breadcrumbs, sunflower seed paste, canola oil, onion, lemon zest, chipotle chili powder, salt, thyme.

## **Nutrition Facts**

11 servings per package Serving size 4 Pieces (92g)

#### 210 **Calories**

	% Daily Value
Total Fat 9g	129
Saturated Fat 1g	5%
Trans Fat 0g	
Sodium 700mg	30%
Total Carbohydrate	22g <b>8</b> %
Dietary Fiber 5g	18%
Total Sugars 6g	

Includes 1g Added Sugars 2% Protein 6g







## Smashed Pea & Mint

Bright green flavour delights, these sweet, yet earthy New Zealand green pea vege bites are elevated with a touch of real mint added. Perfect as an addition to any meny or side dish.

**INGREDIENTS**: Green peas, chickpeas, breadcrumbs, sunflower seed paste, onion, garlic, canola oil, mint, garlic powder, salt, black pepper,

## **Nutrition Facts**

11 servings per package Serving size 4 Pieces (92g)

## Amount per serving Calories

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3%
30%
6%
25%
0%

## Beet & Plum

New Zealand beets combined with juicy plums from our local orchards, creating a contemporary twist on sweet and savory flavors.

INGREDIENTS: Beets, chickpeas, breadcrumbs, plum, sunflower seed paste, onion. garlic, canola oil, vinegar, ginger, salt, black pepper.

#### **Nutrition Facts**

11 servings per package Serving size 4 Pieces (92g)

Amount per serving **Calories** 

170

170

% Daily \	/alue*
Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Sodium 470mg	20%
Total Carbohydrate 19g	7%
Dietary Fiber 4g	14%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 6g	12%

## PACK SIZE:

3 x 2.2 lb bags per carton Approx 43 units per 2.2lb

STORAGE/TRANSIT: Store Frozen 0°F

## **COOKING GUIDELINES:**

Commercial Deep Fryer: 350°F • 4 mins Air Fruer: 375°F • 8 mins Convection Oven: 375°F • 16 mins





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